



Cozy Nest

ACADEMY

Unit 9: Fluency and Comprehension

Weeks 33-36 | 5 days per week | 90 minutes per lesson

Flexible homeschool lesson plans with phonics, sight words, reading, writing, games, and assessment.

Unit Overview

What students will learn	What is included
<ul style="list-style-type: none">- Focus patterns: mixed review and more- Blending and decoding practice- Guided reading and sentence work- Spelling, handwriting, and simple writing- Weekly check-ins and a unit test	<ul style="list-style-type: none">- 4 weeks of daily lessons- Materials list and prep tips- Weekly sight words: because, celebrate, could, every, favorite, friend, learned, people, school, should- Printable activities, flashcards, and games- Assessment pages and progress tracker

Suggested Materials

Core supplies: letter cards, dry erase board, magnetic letters or tiles, crayons, pencils, scissors, glue, pocket chart or index cards, and simple decodable text.

Optional: short kid-friendly phonics videos, sensory tray, play dough for letter formation, and mini whiteboards for quick response practice.

Minimal prep tip: Print the weekly worksheets once, store flashcards in a labeled envelope, and re-use the same daily routine, so the child always knows what comes next.

Week 1: Mixed Pattern Review

Focus Pattern(s)	Word List	Sight Words
mixed review	ship, cake, rain, bird, coin, robot	because, every, friend, people, school

Day 1: Introduce Mixed Pattern Review

Objective: Students notice and say the target pattern(s) mixed review and connect the sound to print.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) mixed review. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: ship, cake, rain, bird.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read 4-6 target words together: ship, cake, rain, bird. Echo read the model sentence: My friend read the story.
- ☐ Writing (15 min): Trace and write 3-5 target letters or spelling patterns. Say the sound while writing.
- ☐ Optional Activity: picture sort, sound hunt around the house, or mystery bag with beginning sounds.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 2: Blend and Build Words

Objective: Students blend and build words with mixed review using manipulatives and oral practice.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) mixed review. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: ship, cake, rain, bird.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read a word list with the child first, then have the child read independently. Build and read new words with the same pattern.

- ☐ Writing (15 min): Use letter tiles or handwriting lines to spell 4-6 target words. Then copy the words neatly.
- ☐ Optional Activity: roll and read, tap and blend with blocks, or build words on a cookie sheet with magnets.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 3: Read Words and Phrases

Objective: Students read words, phrases, and short sentences using mixed review with growing accuracy.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) mixed review. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: ship, cake, rain, bird.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read short phrases and 2-3 simple sentences. Ask the child to tap each word, blend tricky words, and reread for smoothness.
- ☐ Writing (15 min): Complete a sentence frame and illustrate one target word. Encourage spacing and a capital letter.
- ☐ Optional Activity: phrase race, spin-and-read, or silly voice rereading.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 4: Write and Dictate

Objective: Students spell, write, and use target words in a dictated sentence.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) mixed review. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: ship, cake, rain, bird.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read a short decodable passage or 4 sentence mini-story featuring the week's focus pattern and sight words because, every, friend, people.
- ☐ Writing (15 min): Dictate 3 words and 1 sentence: My friend read the story.

- ☐ Optional Activity: rainbow write, sentence scramble, or word family foldable.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 5: Review, Check-In, and Game Day

Objective: Students review the week's learning, complete a quick check-in, and apply skills in a game.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) mixed review. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: ship, cake, rain, bird.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Reread favorite words and sentences from the week. Celebrate one sentence read with confidence.
- ☐ Writing (15 min): Write one 'I can' sentence to show progress, then draw a quick picture to match.
- ☐ Optional Activity: board game, flashcard toss, or scavenger hunt review.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Week 1 Check-In

Skill	Mark
I can say the focus sound(s).	
I can blend target words.	
I can read a short sentence.	
I can write a target word.	
I tried my best today.	

Week 2: Phrases and Short Stories

Focus Pattern(s)	Word List	Sight Words
phrases, sentence groups	read, retell, answer, story, detail, main	would, could, should, their, there

Day 1: Introduce Phrases and Short Stories

Objective: Students notice and say the target pattern(s) phrases, sentence groups and connect the sound to print.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) phrases, sentence groups. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: read, retell, answer, story.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read 4-6 target words together: read, retell, answer, story. Echo read the model sentence: We could read the story again.
- ☐ Writing (15 min): Trace and write 3-5 target letters or spelling patterns. Say the sound while writing.
- ☐ Optional Activity: picture sort, sound hunt around the house, or mystery bag with beginning sounds.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 2: Blend and Build Words

Objective: Students blend and build words with phrases, sentence groups using manipulatives and oral practice.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) phrases, sentence groups. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: read, retell, answer, story.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a word list with the child first, then have the child read independently. Build and read new words with the same pattern.
- ☐ Writing (15 min): Use letter tiles or handwriting lines to spell 4-6 target words. Then copy the words neatly.
- ☐ Optional Activity: roll and read, tap and blend with blocks, or build words on a cookie sheet with magnets.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 3: Read Words and Phrases

Objective: Students read words, phrases, and short sentences using phrases, sentence groups with growing accuracy.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) phrases, sentence groups. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: read, retell, answer, story.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read short phrases and 2-3 simple sentences. Ask the child to tap each word, blend tricky words, and reread for smoothness.
- ☐ Writing (15 min): Complete a sentence frame and illustrate one target word. Encourage spacing and a capital letter.
- ☐ Optional Activity: phrase race, spin-and-read, or silly voice rereading.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 4: Write and Dictate

Objective: Students spell, write, and use target words in a dictated sentence.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) phrases, sentence groups. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: read, retell, answer, story.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a short decodable passage or 4 sentence mini-story featuring the week's focus pattern and sight words would, could, should, their.
- ☐ Writing (15 min): Dictate 3 words and 1 sentence: We could read the story again.
- ☐ Optional Activity: rainbow write, sentence scramble, or word family foldable.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 5: Review, Check-In, and Game Day

Objective: Students review the week's learning, complete a quick check-in, and apply skills in a game.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) phrases, sentence groups. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: read, retell, answer, story.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Reread favorite words and sentences from the week. Celebrate one sentence read with confidence.
- ☐ Writing (15 min): Write one 'I can' sentence to show progress, then draw a quick picture to match.
- ☐ Optional Activity: board game, flashcard toss, or scavenger hunt review.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Week 2 Check-In

Skill	Mark
I can say the focus sound(s).	
I can blend target words.	
I can read a short sentence.	
I can write a target word.	
I tried my best today.	

Week 3: Comprehension and Retelling

Focus Pattern(s)	Word List	Sight Words
characters, setting, beginning middle end	character, setting, beginning, middle, ending	who, what, where, why, when

Day 1: Introduce Comprehension and Retelling

Objective: Students notice and say the target pattern(s) characters, setting, beginning middle end and connect the sound to print.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) characters, setting, beginning middle end. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: character, setting, beginning, middle.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read 4-6 target words together: character, setting, beginning, middle. Echo read the model sentence: Who was in the story?
- ☐ Writing (15 min): Trace and write 3-5 target letters or spelling patterns. Say the sound while writing.
- ☐ Optional Activity: picture sort, sound hunt around the house, or mystery bag with beginning sounds.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 2: Blend and Build Words

Objective: Students blend and build words with characters, setting, beginning middle end using manipulatives and oral practice.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) characters, setting, beginning middle end. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: character, setting, beginning, middle.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a word list with the child first, then have the child read independently. Build and read new words with the same pattern.
- ☐ Writing (15 min): Use letter tiles or handwriting lines to spell 4-6 target words. Then copy the words neatly.
- ☐ Optional Activity: roll and read, tap and blend with blocks, or build words on a cookie sheet with magnets.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 3: Read Words and Phrases

Objective: Students read words, phrases, and short sentences using characters, setting, beginning middle end with growing accuracy.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) characters, setting, beginning middle end. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: character, setting, beginning, middle.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read short phrases and 2-3 simple sentences. Ask the child to tap each word, blend tricky words, and reread for smoothness.
- ☐ Writing (15 min): Complete a sentence frame and illustrate one target word. Encourage spacing and a capital letter.
- ☐ Optional Activity: phrase race, spin-and-read, or silly voice rereading.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 4: Write and Dictate

Objective: Students spell, write, and use target words in a dictated sentence.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) characters, setting, beginning middle end. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: character, setting, beginning, middle.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a short decodable passage or 4 sentence mini-story featuring the week's focus pattern and sight words who, what, where, why.
- ☐ Writing (15 min): Dictate 3 words and 1 sentence: Who was in the story?
- ☐ Optional Activity: rainbow write, sentence scramble, or word family foldable.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 5: Review, Check-In, and Game Day

Objective: Students review the week's learning, complete a quick check-in, and apply skills in a game.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) characters, setting, beginning middle end. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: character, setting, beginning, middle.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Reread favorite words and sentences from the week. Celebrate one sentence read with confidence.
- ☐ Writing (15 min): Write one 'I can' sentence to show progress, then draw a quick picture to match.
- ☐ Optional Activity: board game, flashcard toss, or scavenger hunt review.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Week 3 Check-In

Skill	Mark
I can say the focus sound(s).	
I can blend target words.	
I can read a short sentence.	
I can write a target word.	
I tried my best today.	

Week 4: Final Mastery and Celebration

Focus Pattern(s)	Word List	Sight Words
all learned patterns	review, fluency, growth, reader, writer	favorite, learned, stronger, together, celebrate

Day 1: Introduce Final Mastery and Celebration

Objective: Students notice and say the target pattern(s) all learned patterns and connect the sound to print.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) all learned patterns. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: review, fluency, growth, reader.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read 4-6 target words together: review, fluency, growth, reader. Echo read the model sentence: I am a strong reader.
- ☐ Writing (15 min): Trace and write 3-5 target letters or spelling patterns. Say the sound while writing.
- ☐ Optional Activity: picture sort, sound hunt around the house, or mystery bag with beginning sounds.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 2: Blend and Build Words

Objective: Students blend and build words with all learned patterns using manipulatives and oral practice.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) all learned patterns. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: review, fluency, growth, reader.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a word list with the child first, then have the child read independently. Build and read new words with the same pattern.
- ☐ Writing (15 min): Use letter tiles or handwriting lines to spell 4-6 target words. Then copy the words neatly.
- ☐ Optional Activity: roll and read, tap and blend with blocks, or build words on a cookie sheet with magnets.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 3: Read Words and Phrases

Objective: Students read words, phrases, and short sentences using all learned patterns with growing accuracy.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) all learned patterns. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: review, fluency, growth, reader.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Read short phrases and 2-3 simple sentences. Ask the child to tap each word, blend tricky words, and reread for smoothness.
- ☐ Writing (15 min): Complete a sentence frame and illustrate one target word. Encourage spacing and a capital letter.
- ☐ Optional Activity: phrase race, spin-and-read, or silly voice rereading.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 4: Write and Dictate

Objective: Students spell, write, and use target words in a dictated sentence.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) all learned patterns. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: review, fluency, growth, reader.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.

- ☐ Reading (20 min): Read a short decodable passage or 4 sentence mini-story featuring the week's focus pattern and sight words favorite, learned, stronger, together.
- ☐ Writing (15 min): Dictate 3 words and 1 sentence: I am a strong reader.
- ☐ Optional Activity: rainbow write, sentence scramble, or word family foldable.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Day 5: Review, Check-In, and Game Day

Objective: Students review the week's learning, complete a quick check-in, and apply skills in a game.

- ☐ Warm-Up (10 min): Review letter cards, say the sound, and do a quick oral blending warm-up with 3 review words.
- ☐ Phonics (25 min): Teach or review the weekly focus pattern(s) all learned patterns. Model mouth position, stretch the sounds, and connect the pattern to 4-6 example words: review, fluency, growth, reader.
- ☐ Practice (20 min): Use the printable page, letter cards, or a word-building mat. Keep this flexible and hands-on.
- ☐ Reading (20 min): Reread favorite words and sentences from the week. Celebrate one sentence read with confidence.
- ☐ Writing (15 min): Write one 'I can' sentence to show progress, then draw a quick picture to match.
- ☐ Optional Activity: board game, flashcard toss, or scavenger hunt review.
- ☐ Optional Video: 3-5 minute phonics song or decoding video that matches the weekly pattern.

Week 4 Check-In

Skill	Mark
I can say the focus sound(s).	
I can blend target words.	
I can read a short sentence.	
I can write a target word.	
I tried my best today.	

Unit Assessment

Directions: Ask the child to complete the following in a calm, encouraging setting. Use the printable pack for recording.

Part	Task	Points	Notes
A	Say the focus sound(s) and read 10 words	10	
B	Read 5 short phrases or 3 sentences	5	
C	Spell 5 words from dictation	5	
D	Write 1 sentence using at least one sight word	5	

Teacher note: If a child is not ready, reteach with games and short review sessions before repeating the assessment.

Progress Tracker

Week	Focus Skill	Mon	Wed	Fri	Notes
1	Mixed Pattern Review				
2	Phrases and Short Stories				
3	Comprehension and Retelling				
4	Final Mastery and Celebration				